

2023 年全国大学生英语阅读竞赛样题

2023 National English Reading Competition for College Students

(Total: 100 marks Time: 60 minutes)

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赛题分值说明：

1、初赛：题型为客观题与主观题，共 5 篇阅读文章，其中 2 篇长篇 3 篇短篇。每篇长篇下设置 5 道客观单选小题；每篇短篇下设置 3 道小题（2 道客观单选题，1 道主观题）。共 19 道题，答题时间为 60 分钟，满分 100 分。长篇每题 5.5 分；短篇每题 5 分。

2、决赛：题型为客观题与主观题，共 8 篇阅读文章，其中 2 篇长篇 6 篇短篇。每篇长篇下设置 5 道客观单选小题；每篇短篇下设置 3 道小题（2 道客观单选题，1 道主观题）。共 28 道题，答题时长为 60 分钟，满分 100 分。长篇每题 4 分；短篇客观单选题每题 3 分，主观题每题 4 分。

(注：本样题与初赛题型、题量一致，仅供考生了解大赛题型，文中附有参考答案。)

Read the paragraph. Then answer the questions. (Questions 1-5)

Anxiety and eating issues often go hand in hand and the difficulty with the two issues is that they both need to be addressed as it's hard to tell which issue triggered the other.

The two symptoms, when seen together, often reinforce each other. For example, anxiety has a lot to do with excessive worry and fear. This then results in physical problems such as fatigue, irritability and trouble sleeping. For some kids, their stomachs get upset due to feelings of anxiety. This in turn, leads to a lack of appetite and decreases how much the child eats.

The more someone decreases their food intake, the more it actually affects their mental health, even if it originally had nothing to do with body image issues.

A study called the Minnesota Starvation Study, done in the 1940s, showed how physically and mentally healthy men became people with symptoms similar to those with anorexia nervosa. The researchers cut back these men's calorie intake drastically. And once they lost a certain amount of weight, they all began having psychological

issues such as the hoarding of food, incessantly thinking about food, compulsive exercising, as well as experiencing depression and anxiety.

Your child may have a problem if they aren't eating well and not gaining a healthy amount of weight and growth. Low body weight and insufficient consumption of food will worsen any problems with anxiety. And this can turn into a full-fledged eating disorder if not treated.

The good news for children who have eating issues is that early intervention is generally very successful. But they must be addressed alongside the issues of anxiety or other mental health issues, even if they aren't seen as the main problem. But if treated correctly, younger children are likely to experience positive outcomes and experience a resolution to their problems.

1. What does the author say about mental health and eating problems in this paragraph? (B)

- A. That they're both difficult to treat.
- B. That the two things are usually linked.
- C. That they're very apparent in young kids.
- D. That the two things are very similar.

2. What did the men in the Minnesota Starvation Study start doing with any food they got? (D)

- A. They would give it to those who were hungry.
- B. They rejected anything that they didn't like.
- C. They found ways to steal it from others.
- D. They collected it and hid it away.

3. What happened to the men's mental health during this study? (B)

- A. Conditions weren't good but healthy.
- B. It deteriorated and they became sad.
- C. If they were given food, they were fine.

D. Their brains stopped functioning.

4. What is reassuring for parents with kids who have anxiety or eating problems? (A)

A. Treating the issue early has shown a favorable outcome.

B. As long as the kids are loved, they'll be fine.

C. The kids will outgrow these problems eventually.

D. There are free programs to help them.

5. What is one issue that anxiety leads to? (B)

A. It can cause people to feel very isolated.

B. It can cause people to feel very exhausted.

C. It can cause people to feel wanted.

D. It can cause people to feel enthusiastic.

Read the paragraph. Then answer the questions. (Questions 6-10)

Bryce Weiler has been blind from birth, but he is overcoming his challenges to fulfill his dream of working in the sports industry.

He was born with a disorder that causes his retinas to be filled with abnormal blood vessels, and the most he could ever see were light and dark shadows. Growing up, he got hooked on listening to ball games.

Eventually, he attended a college with many sports as well as a radio station that allowed him to call games.

Since then, the 26-year-old has broadcast more than 100 baseball, basketball and soccer games, analyzing them, dishing out stories and stats, and helping listeners get a feel of the game as if they were there.

Still, despite Weiler's perseverance, it has taken him a long time to finally land a job after graduating with a master's degree in sports management.

He's had to advocate for himself and while he's recently taken on a job that's not in broadcasting, he's happy with the way his career is turning out. He's going to be a

part of Connecticut's New Britain Bees minor league baseball team, helping them create programs for people with disabilities.

6. What happened when Weiler was younger? (B)

- A. He suffered a ball injury to his eyes.
- B. He became obsessed with sports.
- C. He learned how to play different ball games.
- D. He started to lose his eyesight in his teens.

7. What is unique about Weiler calling sports games? (C)

- A. He has a disability that hinders his speech.
- B. He knows many of the players personally.
- C. He can't actually see what is happening.
- D. He grew up not knowing much about sports.

8. What quality does Weiler possess? (A)

- A. He's someone who is persistent.
- B. He's someone who is demanding.
- C. He's someone who is firm.
- D. He's someone who is taxing.

9. What did Weiler do as part of his broadcasts? (D)

- A. He would interview the players, if possible.
- B. He would find an interesting and new angle.
- C. He would add in silly voices and songs.
- D. He would throw in anecdotes and figures.

10. What kind of job will Weiler do now? (A)

- A. He'll work with a professional sports team.
- B. He'll work odd jobs to make ends meet.

- C. He'll stay with the university sports scene.
- D. He'll continue to be a sports broadcaster.

Read the paragraph. Then answer the questions. (Questions 11-13)

The region of Germany known as Bavaria has many attractions. One of them is Neuschwanstein, a castle built for King Ludwig II in the late 19th century. The castle's rooms are richly decorated. The Singers' Hall, which occupies the fourth floor, contains paintings of characters from medieval tales and 19th-century operas. The Venus grotto on the third floor is one of the castle's most unusual rooms. This artificial cave has a waterfall and colored lighting to give it a romantic atmosphere. Ludwig could go there and listen to music coming from the Singers' Hall. Sadly, Ludwig spent only 11 nights in the castle before he died in 1886.

East of Neuschwanstein is Oberammergau, a town known for its festivals, beautifully painted buildings and wood-carving tradition. A popular attraction is the Hansel and Gretel House. In the past, this huge house contained a wood-carving school and an orphanage. Today, it is home to a government-run social-services center. The outside of the house is decorated with painted scenes from traditional tales about two children named Hansel and Gretel. Not far away is the Little Red Riding House, which features scenes from another tale titled Little Red Riding Hood.

South of Oberammergau is Zugspitze, the highest mountain in Germany. A railroad and cable car take tourists to the summit, where there are restaurants with delicious food and wonderful views of nearby peaks. In the winter, Zugspitze attracts skiers who bring their own equipment or rent skis at the summit. During the other seasons, hiking between Zugspitze to other mountains is popular but also challenging. Only those who are physically fit should attempt these hikes.

East of Zugspitze is the town of Mittenwald. Centuries ago, Mittenwald was a wealthy trading center. Now its economy depends on tourism and its violin-making industry. Violins were first produced in Mittenwald in 1684. Nearby forests provided excellent wood for the instruments. Violins are still made there today, and visitors can

learn about violin-making at the Geigenbaumuseum. The displays in this museum trace the history and development of this traditional craft.

11. What is the best title of this article? (A)

- A. Places of Interest around Neuschwanstein
- B. Fit for a King: King Ludwig II's Residences
- C. Bavaria: Germany's Hidden Jewel
- D. Germany: A Land of Fairy Tales

12. In paragraph 4, it introduces a town called Mittenwald. Write out what industries does Mittenwald's economy depend on.

(Tourism|tourism and violin-making industry)

13. Lisa updated her Instagram page with pictures and descriptions from her trip to Neuschwanstein and the surrounding regions. Which of the following is least likely an entry she made? (D)

- A. "Signs of past glory can still be spotted around Mittenwald."
- B. "Named after a fairy tale, the Hansel and Gretel House is beautiful beyond words."
- C. "I kind of heard beautiful melody while strolling the Venus grotto."
- D. "I wasn't feeling a hundred percent that day, but the climb up Zugspitze was still a piece of cake."

Read the paragraph. Then answer the questions. (Questions 14-16)

The Central American country of Belize has done much to protect its natural beauty, beginning with the Belize Barrier Reef System. This 300-kilometer-long stretch of reefs was officially declared a World Heritage site in 1996. In 2009, it was added to UNESCO's list of endangered World Heritage sites because commercial activities were threatening Belize's ecosystems in the ocean and on land.

Belize responded in 2010 by banning bottom trawling within the reef system. This method of fishing uses a commercial-fishing boat and a long, cone-shaped net that is very wide at the front and narrow at the enclosed end. One or more cables run from the boat to the mouth of the net, which is weighed down by two heavy weights. The weights hold the front of the net firmly on the ocean floor. As the boat moves through the water, it pulls the net along the ocean floor. The net scoops up fish but also harms everything else living on the floor of the ocean. Thus, banning this fishing method was necessary to save the Belize Barrier Reef System.

In 2015, the country also banned oil drilling within one kilometer of the reef system. In 2017 they stopped all oil exploration in Belizean waters.

UNESCO responded by removing the Belize Barrier Reef System from the list of endangered World Heritage sites in 2018. The news was celebrated by environmental organizations all around the world.

Recently, the government of Belize has also begun taking steps to protect one of Central America's largest forests. Called the Maya Forest, it covers more than 13 million square acres of land in three countries, namely, Mexico, Guatemala and Belize. Much of this forest within Belize has been cut down and turned into farmland during the past decade. To prevent this from continuing, Belize is working with international partners to purchase privately-owned land within the forest. The goal is to secure almost 25,000 acres of forest land, which the government will permanently protect.

14. Which of the following best summarizes this passage? (D)

- A. What makes Belize a popular vacation spot.
- B. Why Central America's largest forest is in need of rescue.
- C. The negative impacts of fishing on the environment.
- D. The efforts Belize is making toward environmental protection.

15. In the article, it tells about what Belize did to protect its natural beauty. Write out what Belize did in 2017.

(Stopped|stopped oil exploration in Belizean waters)

16. Lisa participated in the campaign against bottom trawling. Which of the following is most likely on the poster she made for the campaign? (B)

- A. "Stop water pollution and save the reefs!"
- B. "Let's fish without causing more damage to the ocean."
- C. "Stop felling the trees! Save the precious woods!"
- D. "Drill responsibly. We need oil, but we need the ocean more."

Read the paragraph. Then answer the questions. (Questions 17-19)

Web browsers are essential tools for anyone who wants to use the Internet, and competition among browsers has always been fierce. There have been losers and winners in this war. Just over a decade ago, Internet Explorer was the most popular browser, followed by Firefox, Chrome and Safari in that order. But between 2009 and 2019, the percentage of people using Internet Explorer decreased around 60 percent. Chrome, on the other hand, enjoyed an increase in usage of about 45 percent. Firefox experienced much smaller growth, while Safari usage stayed about the same.

Why do people choose one web browser over another? For some people, an important factor is how available a browser's extensions can be. Extensions are programs that add new abilities to a browser after they are installed. They can do everything from blocking online advertisements to changing the actual appearance of websites.

Users should, however, be careful about which extensions they install because some of these programs can present security risks. Extensions with highest risks are often those that require access to users' accounts in order to operate. The Zoom extension for Chrome, for example, can schedule Zoom meetings from Google Calendar, but to do that, it needs access to the user's Google Calendar and the information that it contains. The same is true of the Evernote extension, which requires access to the user's Evernote account. Giving extensions access to one's accounts can sometimes be dangerous.

To use browser extensions safely, experts recommend taking the following steps:

• Before installing an extension, visit the website of the company that developed the extension. Check to make sure that both the company and extension are honest and worthy of your trust. In addition, read reviews of the extension to find out whether other people have detected problems with it.

• After installing an extension, examine it using your security software to make sure that the program doesn't contain any viruses.

• Finally, don't install more extensions than you absolutely need. If you do, you will expose yourself to greater risk.

17. Concerning the popularity of browsers, which of the following is true? (A)

- A. Safari saw no obvious change.
- B. Chrome experienced a large decline.
- C. Internet Explorer now ranks first.
- D. Firefox rose sharply recently.

18. In paragraph 3, it tells about the browser extensions people install. Write out what makes some more risky.

(Extensions|extensions require access to users' accounts in order to operate)

19. According to this passage, what should users do before installing an extension?

(D)

- A. Install the trial version only.
- B. Use false identity to trick the service provider.
- C. Get the latest version to make sure it is most up-to-date.
- D. Ask around and read what other people think about it.

参考答案:

1-5 B D B A B

6-10 B C A D A

11-13 A、Tourism|tourism and violin-making industry、D

14-16 D、 Stopped|stopped oil exploration in Belizean waters; 、 B

17-19 A、 Extensions|extensions require access to users' accounts in order to operate;、

D

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